



The Godiva Gazette

The Newsletter of the Society of Descendants of Lady Godiva

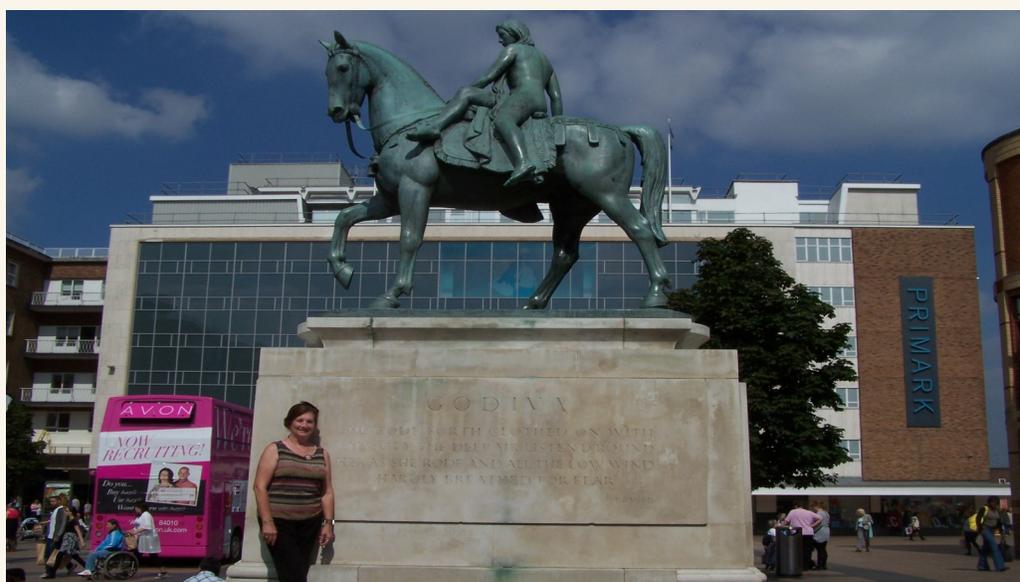
Winter 2015

Volume 1, Issue 3

Godiva Descendants Travel to Coventry, England

Pilgrimages to Coventry by SDLG members highlighted a successful charter year for the Society of Descendants of Lady Godiva. Membership is climbing steadily (see the Genealogist General's report, page 3) and two new state SLDG chapters are in the process of being chartered.

The deadline to apply for charter membership is March 15, so members should spread the word to anyone interested in applying. Tell your friends: We are a genealogy society that likes research and fun, in equal measure.



Lady General
Davine Moore
Roberts at
Godiva Statue,
Coventry

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The Lady General's Message

Dear Members,

I hope everyone had a wonderful holiday season with Christmas and New Year's. Hopefully, everybody up north is staying warm, as this has been a very cold season for those living the northern states and in Canada. I get goose bumps whenever I talk to anyone living in those climates, but I imagine you must be finding ways to enjoy it.

Many things have happened in the Society since our last newsletter in July. As some of you may already know, Maureen McGowan-Singer resigned in August as Registrar General. She and her husband, Don, wanted more time to travel, and they have been doing just that. I thank Maureen so much for all her hard work in getting the society off to an excellent start. Tracy Crocker, a Founding Member, has taken over as Genealogist General, and we welcome him. He has many years of experience, and I am sure many of you already know him.

Lady General's Message, cont'd

I thank Barbara Branscum for the lovely 2013 coin she sent to me, as our Society was born in 2013. It has the famous painting by John Collier of Lady Godiva on her horse on one side of the coin and Queen Elizabeth II on the other side of the coin. It is inside an acrylic case. Barbara said, "This gift is a 'Thank You' for founding The Society of Descendants of Lady Godiva." I will certainly cherish this coin. I thank Pat Gallagher, Chatelaine Chairman, for the crown and wand pin I wore with my sash at our Founding Meeting last year and other items she has sent to me.



Lady Godiva commemorative coin.

Our Founding Member, Ellen Jayne Wheeler, took her granddaughters, London and Brenna Long-Wheeler, last July to England, Scotland, and Wales. Their mother accompanied them. They visited Coventry England, and of course they had their picture taken at the Lady Godiva monument in the square in the shopping district of Coventry, England, where Lady Godiva and Leofric lived. They were surprised to see that the statue of Godiva on her horse



Ellen Jayne Wheeler, London and Brenna Long-Wheeler

had changed. Godiva was wrapped, and blue bows wound around her limbs and her horse's. I did a little research to find out why Godiva had changed. This is what I found:

"There is a revolution at the moment to get the 'Sky Blues' (Coventry Football Club) back into the City, and unfortunately the revolution has decided to adorn her with their signature 'trademark' of the sky-blue ribbons to show their protest.....in fact, they have virtually adorned the whole city over the past few months!!!! I assume that she is still like this (it's been 3 weeks now) as the Council are still doing the Risk Assessment to decide how to remove them safely - and how much scaffolding they'll need!"

However, when I visited Coventry, England on September 2, 2014, there were no blue ribbons on Godiva. I was lucky enough to be in the square where the Godiva statue is located just minutes before the huge Godiva Clock with Peeping Tom marked the hour of 1:00 p.m. The clock chimes on the hour every hour, day and night. When the clock strikes the hour and begins chiming,, the doors with the double eagles on each side open and Lady Godiva starts her ride on her horse from the right to the left side of the clock. As Godiva approaches the center, the doors above her open, and Peeping Tom peers down at her. It is fascinating to watch. I captured the ride in pictures, and I made a movie in the square with the statue.

I visited the Museum which had a large section dedicated to Lady Godiva. There were many paintings, drawings, etc., of Godiva,



Godiva clock strikes the hour, Coventry

and there were relics from the time in which Godiva lived, around 1000 AD. Of course, I visited the old church ruins, and there is an old government building with statues of Lady Godiva and her husband, Leofric, on the front. This building is called the Coventry

Continued on page 4

Message from the Genealogist General/Keeper of the Roll

I am pleased to report that we now have 194 members. The growth of the Society has been very exciting and it is so rewarding to see so much interest that individuals have shown in proving their lineage to Lady Godiva. Though many individuals have proven lineages to the medieval period in European history, fewer are able to prove a line connecting to “Godgifu” now known as “Lady Godiva.” The deadline to become a Charter Member, March 15th 2015, is fast approaching. It is very important, if you know of an individual who may be interested in becoming a Charter Member, to contact us and to complete the application process before this date.

I may be reached at: genealogist@tracycrocker.com



Lady Godiva, by William Holmes Sullivan, 1877

Scholarship Chairman's Report

The winner of the inaugural National Society of Descendants of Lady Godiva Scholarship is Miss Abaca Dowling of Jacksonville, Florida. (See photo, p. 4.) Abaca is 22 years old and a senior at the University of North Florida in Jacksonville, where she currently has a 3.85 GPA. She will be graduating in May with her Bachelor's Degree in Elementary Education. She is in her internship, teaching 3rd grade at Chaffee Trail Elementary in Jacksonville, Florida. Abaca is our Founding Librarian General. She has held many chairmanships and offices in more than nine other lineage societies including the Children of the American Revolution, Daughters of the American Revolution, Children of the American Colonists, Daughters of the American Colonists, and United States Daughters of 1812, just to name a few. She has also paged for all of these lineage societies for the past ten years. She works as a substitute teacher at Wesley Child Development Center, a daycare near her home. In her spare time she enjoys participating in all lineage society activities, going to the beach, traveling, and spending time with her family and friends.

The Society of Descendants of Lady Godiva Scholarship is a \$500 college scholarship awarded annually on the basis of need, academic merit, extracurricular participation and community service. Please contact the Lady General or a member of the Scholarship Committee for an application. Contact information for the Scholarship Committee is listed on the Scholarship Letter found elsewhere in this newsletter.

Scholarship Committee:

Chrissy Herreid, Dr. Charlene Herreid, and Davine Roberts

Lady General's Message,

City Council House.

I ate chocolate cake at the Godiva Café, and it was time to catch the train back to London. Needless to say, I thoroughly enjoyed my time in Coventry, walking the streets where our ancestors walked.

Our Scholarship Committee chose the recipient for our first \$500 scholarship, which was given to our Founding Member and Librarian General Abaca Dowling. She is a senior at the University of North Florida, and currently doing her internship as a 3rd grade elementary teacher at Chaffee Trail Elementary School in Jacksonville, FL. She reports that she is very thankful to the



Left: Abaca Dowling Above: Coventry City Council House



members for this scholarship.

We have two new state societies forming, one in Texas and another in Oklahoma. Presidents of the states have the title of Duke or Duchess. Duchess Diane Dyess is in charge of the Texas Society and Duchess Barbara McMullin is in charge of the Oklahoma Society. The Florida Society formed last year. If there is anyone interested in starting a society in your state, please let me know.

The Florida State Society of Descendants of Lady Godiva will have their second annual meeting at the Embassy Suites Resort Lake Buena Vista, Orlando, FL on February 6, 2015 at 3:30 in the Seminole room. This is an open invitation to all members and prospective members. Linda Neal of the Florida SDLG has donated a Godiva Chocolate basket, and the funds from the raffle will go to our scholarship fund.

Our annual meeting will be held on Saturday, April 11, in the ballroom at the Army and Navy Club in Washington, DC. It will start at 3:30 p.m. More information will be sent later, and I hope to see you there!

B. Davine Moore Roberts
Founding Lady General



Godiva Chocolate Box, donated by Linda Neal

Report of the Royal Alchemist



Royal Alchemist, Dr. Mark E. Young, Sr.

Royal Alchemist Report, Dr. Mark E. Young, Sr.

Prescription Drugs Deplete Vital Nutrients And Vitamins, January 2015

One of my responsibilities as your Royal Alchemist is to protect our sovereign members from the evils outside of the realm. Many of you may have experienced unexplained cramps or “Charlie Horses” in your muscles, even aches and pains in your joints. What you and most of the Medical Doctors don't realize is the extent that prescription drugs deplete nutrients from your body, whether by interfering with absorption, or by inhibiting transport or metabolism. Even short term use can have some obvious signs or symptoms of this form of depletion.

Elderly folks are especially likely to suffer from nutritional deficiencies, the ravages of the multiple drugs typically prescribed for aging-related diseases could lead to further and more serious consequences. They are also more likely to use non-prescription drugs such as non-steroidal anti-inflammatories or antacids. Generally, they are completely unaware that these might make them deficient in calcium, phosphorus, folic acid and iron. Women may not know that oral contraceptives lower the levels of such vital nutrients as Vitamin B2, B6 and B12, Vitamin C, folic acid, magnesium and Zinc. Mainstream hormone replacement can also lead to deficiencies in Vitamin B6, magnesium and zinc. Heart patients, diabetics, epileptics and heavy users of corticosteroids and anti-inflammatories are also particularly at risk for drug-induced nutrient deficiencies.

Even if you don't fall into any of these categories, you can still be impacted by this vitamin deficiency and depletion. Unfortunately, the average medical doctor does not take the time to properly educate their patients about the specific drug they are prescribing. Honestly, they probably are not as well equipped to do so. So, my advice is simple. Always ask your Pharmacist to look at all of the medications, nutrients, and vitamins you are taking and get their advice as to what sort of nutrient and vitamin supplements you should take, in what form, and

what time of day. It's critical that you ask them specifically when to take their recommended nutrients and vitamins, because if taken at the same time as the prescription drug, it may interfere with the delivery of the prescription drug or may not be as beneficial because the prescription drug may interfere with the delivery or absorption of the nutrients and vitamins. It's really not as complicated as I may have made it seem... Simply put, your Pharmacist is the drug expert, so always keep them well informed and never be afraid to ask for a consult with them.

The views expressed in this article are those of the author, and are not necessarily endorsed by the SDLG organization

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THE NEWSLETTER OF

THE SOCIETY OF

DESCENDANTS OF LADY GODIVA.

VOL. 1, ISSUE 3

WINTER, 2015

Co-Editors:

Suzanne Bass, Melissa Fischer



Society of Descendants of Lady Godiva

MEMORANDUM TO THOSE INTERESTED IN APPLYING FOR A SOCIETY OF DESCENDANTS OF LADY GODIVA SCHOLARSHIP

The Society of Descendants of Lady Godiva is sponsoring a \$500.00 scholarship to a student who is attending an accredited four-year college or university or an accredited community college. The student must be enrolled in college full time and have a 3.0 GPA or above. The student must submit an acceptance letter from their college of choice if they will be a freshman in September, an official transcript of grades of previous year from school attended, two letters of references, a social security number, and a letter telling of his/her aims and ambitions.

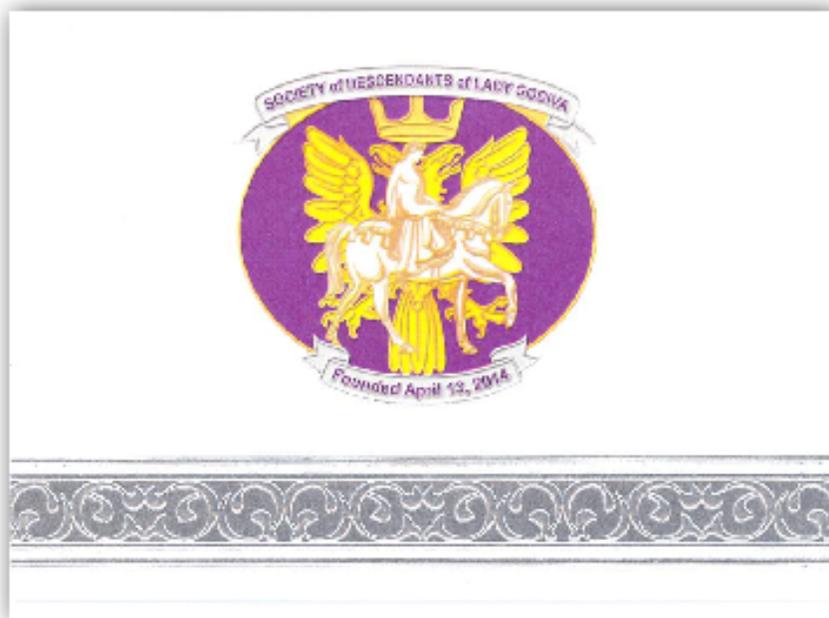
The Scholarship Chairman and Committee Members will furnish applications upon request. The application must be completed fully and returned with all of the requirements by August 25th to the address below. The criteria for awarding the scholarship are need, academic merit, extracurricular participation and community service. The winner of the scholarship will be announced by September 1, 2015. The \$500.00 scholarship will be sent directly to the winning student's college.

If you know someone who is eligible for the Society of Descendants of Lady Godiva, please have them contact the Scholarship Committee Members for an application:

B. Davine Moore Roberts
Founding Lady General
Retired High School Teacher
DavineR@aol.com
904-766-6182
cell 904-910-8614

Christine "Chrissy" Herreid
Scholarship Committee Chairman
Founding Member SDLG
College Student
Chrissyherreidj@aol.com
cell 813-468-5555

Charlene Herreid, Ph.D.
Councillor
Founding Member SDLG
University Administrator
Orangetree83@aol.com
cell 813-468-5556



Dear Members of the Society of Descendants of Lady Godiva,

We are offering these lovely note cards for sale to help promote our Lady Godiva Scholarship. They were designed by our Founding Member Madeline Alworth, Adornment Chairman, and she will be handling the orders. The note cards have the Lady Godiva Insignia just as pictured above with a metallic silver border at the bottom. They are 5" X 3 1/2", and each card comes with a white envelope. There are also other items for sale such as Lady Godiva Insignia stickers and address labels. They can be ordered as follows:

STICKERS

1 inch Insignia Circle Stickers (63 per sheet)	\$2.50 per sheet
1 1/2 inch Square Insignia (24 per sheet)	\$3.00 per sheet
2 inch White Gloss Stickers (12 on a sheet)	\$3.00 per sheet

ADDRESS LABELS

1 inch X 2 5/8 inches Lady Godiva Insignia Address Labels (30 per sheet)	\$3.00 per sheet
Postage on any or all of the above items	plus \$2.00 postage

NOTE CARDS

Lady Godiva Note Cards with Insignia	\$25.00 per dozen
(Please include \$2.00 per each order of 12 note cards)	plus \$2.00 postage each

Circle the items you want to purchase, and make your check payable to **Society of Descendants of Lady Godiva**

Total _____

Please send your order to
 Madeline Alworth, Adornment Chairman SDLG
 505 Cumberland Rd.
 Tyler, TX 75703-9325
 Email: madeline@alworth.com Phone: (903) 581-7963



Dear Members of the Society of Descendants of Lady Godiva,

We are offering these lovely Coats of Arms items as a fund raiser for our Lady Godiva Scholarship. They were designed and painted by our Founding Member Patsy Bass, Medieval Heritage Artist General, and she will be handling the orders. One is for the Kingdom of Mercia (now Coventry, England) where Godiva was born and lived with her husband Leofric, and the other is Thorold, for Lady Godiva and father's family name. They are printed on card stock from Patsy's original paintings and hand tinted by her. The note cards are the same as pictured above. They are 3 1/2", X 5" with a creased frame, and each card comes with a matching white envelope. The Coats of Arms ready for framing and the note cards can be ordered as follows:

NOTE CARDS

Lady Godiva Note Cards with Mercia and/or Thorold \$25.00 per dozen

COATS OF ARMS SUITABLE FOR FRAMING

Coats of Arms for Mercia and/or Thorold 8 1/2" X 11 \$20.00 each
 (If you wish to order another size, please contact Patsy.)

Postage on any or all of the above items **plus \$2.00 postage**

(Please include \$2.00 per each order of 12 notecards)

Circle the items you want to purchase, and make your check payable to **Society of Descendants of Lady Godiva**

Total \$ _____

Please send your order to

Patsy Bass
 Medieval Heritage Artist General SDLG
 215 W. Second Street
 Tyler, TX 75701-3038

Email: patsyannbass@gmail.com Phone: (903) 593-9132



Society of Descendants of Lady Godiva

Insignia Order Form

Member Number _____

Date received: _____

Recipient: _____

Address: _____

Telephone and Email _____

The Society of Descendants of Lady Godiva is striving for our 501c3 non-profit status. In keeping with these guidelines, all profits from insignia/pin sales will go toward our Lady Godiva Scholarship Fund. Thank you for helping to support this worthy cause.

The Lady Godiva Large Insignia and the Lady Godiva Miniature Insignia are very versatile as they may be worn any time or any place. The Large Insignia is worn by male and female officers with the 2 1/2" satin neck ribbon at official meetings. The Large Insignia with the satin neck ribbon may also be worn by council members, founding members and charter members at official meetings. The neck ribbon may be removed for wearing at other times as a necklace on a chain or as a lapel pin. The Miniature Insignia may be worn as a lapel pin, pendant, or attached to a branch or a charm bracelet.



Lady Godiva Large Insignia is 2" double plated die struck embossed soft enamel lapel pin/pendant with gold and silver plating with clear poly coating, safety pin back attachment, custom bail with approximately 1/4" opening centered above the safety pin. The royal purple color of the insignia is Pantone 254C – standard printer's color. The above picture is lighter than the actual insignia and ribbon. A

2 1/2" wide by 30" long satin neck ribbon is available for officers, council members, founding members and charter members.

Lady Godiva Miniature Insignia is similar to the large insignia but is more round in shape and sized 3/4". It is a 3D full relief die struck embossed soft enamel lapel pin/pendant/charm with silver plating and clear poly coating, safety pin back attachment, and custom bail above the safety pin with extra ring for hanging if needed. Orders will be shipped in a bubble wrapped envelope. Please calculate the cost plus \$8 shipping charge for your total order.

Large Insignia	\$40	
30" Neck Ribbon	\$10	
Miniature Insignia	\$30	
Miniature with ribbon	\$40	
Shipping Charge	\$8	\$8.00

TOTAL

Please make checks payable to the Society of Descendants of Lady Godiva.

Please include the word Insignia on the memo line of your check.

Forward orders to:

B. Davine Moore Roberts
 Founding Lady General SDLG
 12567 Percy Lane
 Jacksonville, FL 32218-2337

Any questions or concerns, please email DavineR@aol.com or call 904-766-6182.